## **Cumbria Rocks**

Ian Jackson

This book reveals the incredible story of the Cumbrian landscape through 60 special places and connects its rocks to wildlife, history, economy and culture.

The book will help you see Cumbria with new eyes and encourage you to explore the whole county and its diverse and beautiful places, and understand why they are as they are.

Pull on your boots and climb over remnants of old volcanoes and deep oceans, experience the power of ancient earthquakes, walk over a crag that was once a coral sea, witness the awesome force of the last Ice Age or simply wonder at the ingenuity of our ancestors who used these rocks in so many ways to create our shared heritage.

(Photo 00-1) Front cover. Grange Fell.

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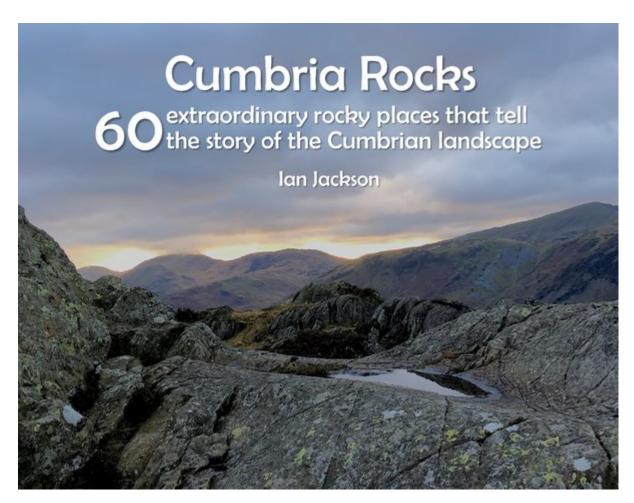
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(Photo 00-1) Front cover. Grange Fell.