Cumbria Rocks

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This book reveals the incredible story of the Cumbrian landscape through 60 special places and connects its rocks to wildlife, history, economy and culture.

The book will help you see Cumbria with new eyes and encourage you to explore the whole county and its diverse and beautiful places, and understand why they are as they are.

Pull on your boots and climb over remnants of old volcanoes and deep oceans, experience the power of ancient earthquakes, walk over a crag that was once a coral sea, witness the awesome force of the last Ice Age or simply wonder at the ingenuity of our ancestors who used these rocks in so many ways to create our shared heritage.

(Photo 00-1) Front cover. Grange Fell.

Contents

Title page and preliminaries Endorsement Preface Sources and acknowledgements Endnote

The author

List of resources

Back cover

Introduction

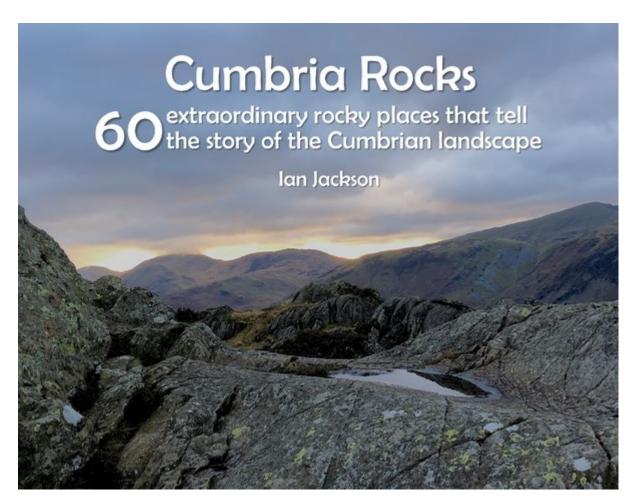
Contents

Rivers, seas and life

- 1 Christianbury Crag
- 2 Fleswick Bay
- 3 Gelt gorge
- 4 Great Mell Fell
- 5 Holmepark Fell
- 6 Howgill Fells
- 7 Kentmere
- 8 Kingwater

9 Kirkby Stephen
<u>10 Lacy</u>
11 Lanercost Priory
12 Pardshaw Crag
13 Parton
Volcanoes and molten rock
14 Armathwaite
15 Carrock Fell
16 Ennerdale
17 Eycott Hill
18 High Cup Gill
19 High Rigg
20 Pavey Ark
21 Shap Granite
22 Threlkeld
23 Tilberthwaite
Earthquakes and folded rocks
24 Arnside
25 Brothers Water
26 Causey Pike
27 Dufton Pike
28 Hartside
29 Mosedale
30 Penton Linns
31 Shap Summit
32 Tarn Hows
33 Trusmadoor
Climate and landscape change
34 Brampton

35 Glasson Moss
36 Glenridding
37 Great Asby Scar
38 Hale Moss
39 Helvellyn
40 Inner Solway
41 Mickleden
42 Ravenglass
43 Skelsmergh
44 Slater Bridge
45 Wastwater
Heritage and mining
46 Florence Mine
47 Furness Abbey
48 Gilsland Spa
49 Hallbankgate
50 Long Meg and her Daughters
51 Long Meg Mine
52 Loughrigg Fell
53 Nenthead
54 Newlands
55 Roughton Gill and Silver Gill
56 Saltom Pit
57 Seathwaite
58 Sellafield
59 Tullie House
60 Watchtree
<u>Figures</u>



(Photo 00-1) Front cover. Grange Fell.