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# Exploring the landscape of Assynt. A walkers' guide and map showing the rocks and landscape of Assynt and Inverpolly

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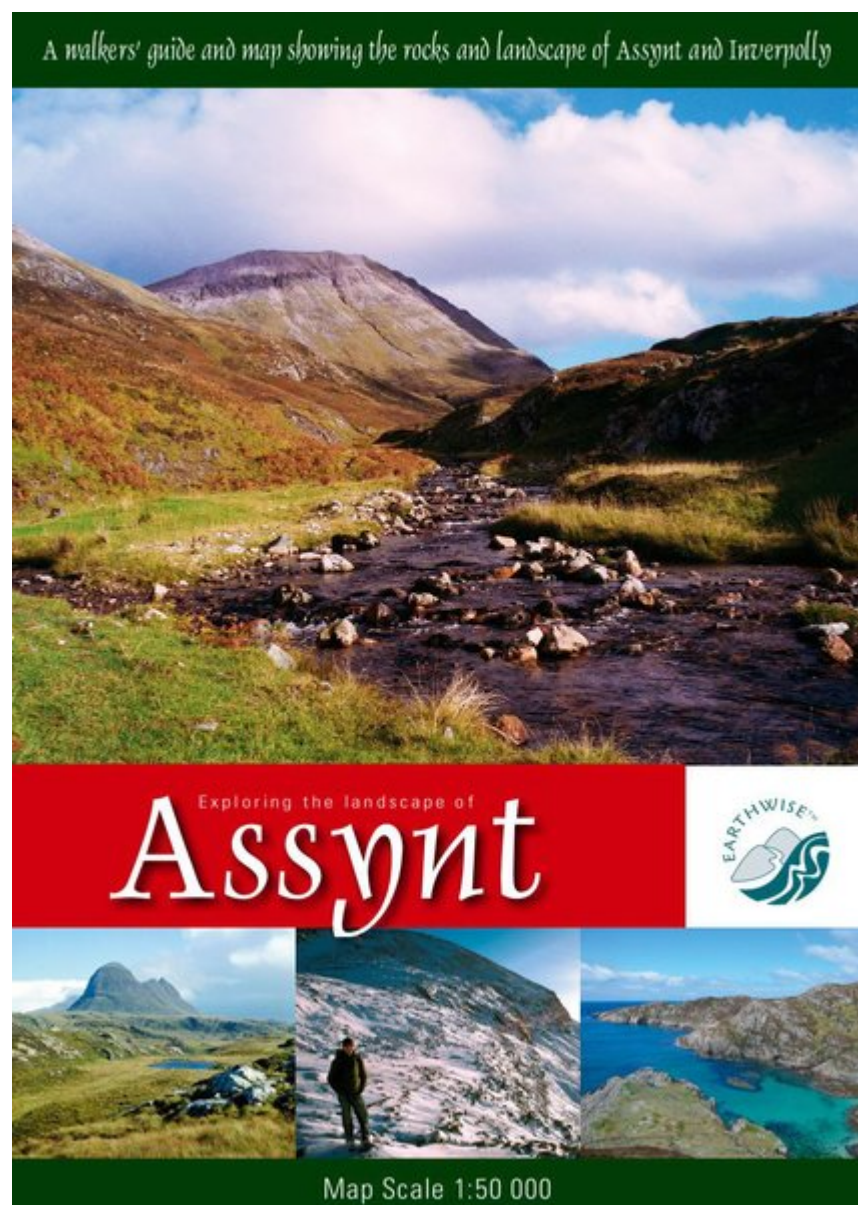
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*The areas of Assynt and Inverpolly, in the Northwest Highlands of Scotland, are known for their dramatic and varied landscapes. The region stretches from an unspoilt coastline, with white sandy beaches and rocky cliffs, to a land of spectacular mountains and remote lochs. Assynt and Inverpolly have long been visited by geologists who come to study the rocks and structures that underlie this unique scenery. This guide and map describe a series of walking routes, varying from short trails and a boat trip to long days in the hills, which will help you to explore some of the geology of the area and to learn how the landscape has formed. There is something here for everyone, from the Sunday stroller to the keen walker, as well as both amateur and professional geologists. We hope you enjoy exploring the landscape of Assynt and Inverpolly.*

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